

The YWCA Cortland and SUNY Cortland in conjunction with the National Girls & Women in Sports Day, invite girls from across the community to:



A unique day of activities designed to engage and motivate girls in grades 4-7, which includes:

- Gymnastics, swimming, relay races, a health education component and more with SUNY Cortland student-athletes, coaches and staff.
- Interactive career fair with women from the Cortland Community and surrounding areas.
- The opportunity to watch the Cortland Women's Basketball team compete.
- A boxed lunch and a drawstring bag with a water bottle will be provided (it is recommended to pack a small snack to hold you over until the break).

When: Saturday, February 10, 2018 from 8:45am – 2:45pm

Location: Park Center (PER Center) at SUNY Cortland; check-in will be in the lobby area upstairs.

Attire: Comfortable clothes, clean/dry sneakers, bathing suit & towel. Please leave valuable items at home.

Cost: \$10.00 discount rate if received by Friday, February 2, 2018. After February 2, the cost is \$12.00. Lunch, snacks, water bottle, and a drawstring bag are included in the price. Please make checks payable to YWCA Cortland.

Register: Return the form below along with payment to the YWCA Cortland – 14 Clayton Avenue, Cortland, NY 13045 or register at the door on the day of the event!

For more information and scholarship opportunities:
Please contact the YWCA Cortland at 607.753.9651 or info@cortlandywca.org.
A schedule of events is available online at www.cortlandywca.org.

2018 Girls' Day Out Registration Form

First Name: _____ Last Name: _____
School (or Troop Number if registering with the Girl Scouts): _____
Grade in School: _____ Age: _____
Emergency Contact Name: _____ Phone Number: (____) _____
Mailing Address: _____ City: _____ State: _____ Zip Code: _____
Parent/Guardian Email Address: _____
Does your child have any allergies or special accommodations we need to be aware of? (Please explain.)

Parent/Guardian Consent: Photographs may be taken on the day of the event. Please indicate your permission for release of images of your child (e.g. YWCA website or newsletters) by signing below:

Signature: _____ Date: _____

Return this form, along with your payment to the: YWCA Cortland, 14 Clayton Avenue, Cortland, NY 13045
Discounted rate of \$10.00 is only available until February 2 – Sign up today!!