

Winter 2025 Swim, Gym & Recreation Children Programs
January 2 - May 17, 2025

Children’s Programs:

Open Swim: Open Swim is for families and lap and leisure swimmers to enjoy our warm water pool! Open Swim times are on Thursday, 7:00-8:00 pm, Friday, 5:00-7:00 pm, and Saturday, 12:00-1:00 pm. Lap & Leisure passes can be used for Open Swim.

Single passes: 1 hour: \$7-members/\$9-non-members | 2 hours: \$10-members/\$12 non-members | Families of 5 or more only pay \$35 (members) or \$45 (non-members)

Swim Lessons: Both group and private swim lessons meet for six-week sessions.

Group Lesson Rate: \$54-members/\$66 not-yet-members.

Private Lesson Rate: \$84-members/\$96 not-yet-members.

Session 1

Session Dates: Jan 27 – Mar 15 (No class 2/17 – 2/22)
Registration: Jan 6 – Jan 27

Session 2

Session Dates: Mar 24 – May 10 (No class 4/14 – 4/19)
Registration: Mar 3 – Mar 24

Time	Monday	Wednesday	Saturday
9:00-9:30 am			Pre-School w/ Parents
9:30-10:00 am			Waterbabies
10:00-10:30am			Level 1 / Level 2
10:30-11:00 am			Private Lesson
4:00 – 4:30 pm	Private Lesson / Private Lesson	Private Lesson / Private Lesson	
4:30 – 5:00 pm	Private Lesson / Private Lesson	Pre-School w/ Parents	
5:00 – 5:30 pm	Pre-School / Level 2	Waterbabies	
5:30 – 6:00 pm	Level 1 / Private Lesson	Level 1 / Level 2	
6:00 – 6:30 pm	Level 3 / Private Lesson	Level 3/4 / Private Lesson	
6:30 – 7:00 pm	Private Lesson / Private Lesson	Private Lesson / Private Lesson	

Swim Level Descriptions

Waterbabies: Parent and child learn water exploration skills. Group activities will focus on feeling secure and content in the water. **For ages 6 mos.-2 years.**

Preschool with Parents: Blowing bubbles, floating, arm coordination, and strokes will be taught. Parents will learn different holds and cues involved in swim instruction. **For ages 2-4.**

Preschool Swim: Blowing bubbles, floats, arm coordination, and strokes will be taught. Children wear bubbles to assist in swimming. **For ages 3-5.**

Level 1: Learn basic skills to move comfortably in the water. All skills are done with the support of instructor.

Level 2: Glides with kicks, front & back crawl, and rhythmic breathing. Lessons in mildly deep water.

Level 3: Unsupported front and back glides, elementary backstroke, and diving will be introduced. Lessons in the deep end.

Level 4: Instruction includes coordinating front and back crawl, elementary backstroke, breaststroke, and side stroke. Dives are done from a standing position.

Gymnastics: Monday and Tuesday classes meet for 6-week sessions and Saturday classes meet for 4-week sessions.

6-week Session Rate: 45-min class: \$50-members/\$62-not-yet members.

*1-hour class: \$62-members/\$74-not-yet members

4-week Session Rate: 45-min class: \$34-members/\$46-not-yet members.

*1-hour class: \$42-members/\$54-not-yet members.

Session 1 (6-week session)

Session Dates: Jan 6 – Feb 14

Registration: Dec 16 – Jan 6

Time	Monday	Tuesday	Friday	Saturday
9:30 - 10:15 am		Pixie Gym		
5:00 - 5:45 pm	Pre-School II		Pixie Gym	
6:00 - 6:45 pm			Pre-School I	
6:00 - 7:00 pm	*Beginner Gymnastics			

Session 2 (6-week session)

Session Dates: Feb 24 – Apr 4

Registration: Feb 3 – Feb 24

Time	Monday	Tuesday	Friday	Saturday
9:30 - 10:15 am		Pixie Gym		
5:00 - 5:45 pm	Pre-School I		Pixie Gym	
6:00 - 6:45 pm			Pre-School I	
6:00 - 7:00 pm	*Beginner Gymnastics			

Session 3 (Monday & Tuesday classes - 6-week session. Saturday classes – 4-week session)

Session Dates: 6-week | Apr 14 – May 20 4-week | Apr 26 – May 17

Registration: Mar 24 – Apr 26

Time	Monday (6-week)	Tuesday (6-week)	Friday	Saturday (4-week)
9:00 - 9:45 am				Pre-School I
9:30 - 10:15 am		Pixie Gym		
10:00 - 10:45 am				Pre-School II
11:00 - 12:00 pm				*Beginner Gymnastics
5:00 - 5:45 pm	Pre-School II			
6:00 - 7:00 pm	*Beginner Gymnastics			

Gymnastics Level Descriptions

Pixie Gym: For parents and toddlers ages 1-2.

Preschool II: For parents and children ages 3-5.

Preschool I: For parents and children ages 2-4.

Beginner Gymnastics: For children ages 5-10

For more information or to sign up for classes please call (607) 753-9651.